



SAVE THE DATE

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16th Annual Mental Illness Awareness Day

Event dedicated to promoting understanding, fighting stigma, and providing empowering information and resources for people with mental illness, their families and friends, service providers, and students.

Keynote Speaker: Herschel Walker

**Friday, October 17, 2008 - 8:00am to 4:00pm
Huntington Hilton**



Herschel Walker is widely regarded as one of football's greatest running backs. He led the University of Georgia to victory in the Sugar Bowl and was awarded the 1982 Heisman Trophy. Still more accolades were earned in twelve years in professional football, where he rushed for more than eight thousand yards and scored sixty-one rushing touchdowns.

But despite the acclaim he won as a football legend, track star, Olympic competitor, and later a successful businessman, Herschel realized that his life, at times, was simply out of control. Born into a poor, but loving family in the South, Herschel was an overweight child with a stutter who suffered terrible bullying at school. He often felt angry, self-destructive, and unable to connect meaningfully with friends and family. Drawing on his deep faith, Herschel turned to professionals for help and was ultimately diagnosed with dissociative identity disorder, formerly known as multiple personality disorder. While some might have taken this diagnosis as a setback, Herschel approached his mental health with the same indomitable spirit he brought to the playing field

In his book, *Breaking Free*, and at this year's MIA Day, Herschel tells his story -- from the joys and hardships of childhood to his explosive impact on college and pro football to his newfound voice and hope for those suffering from mental illnesses like DID. His compelling account testifies to the strength of the human spirit and its ability to overcome any challenge.

Additional MIA Day Activities

Behavioral Health/Mental Health Trade Show
Workshops on "Cutting Edge" Issues and Practices
Networking Breakfast and Lunch
The Clubhouse Award for Mental Health Heros

Current Sponsors

Bank of America
Adelphi University
Fusco, Brandenstein & Rada, LLP
South Oaks Hospital/Broadlawn Manor

Early Registration Form - PLEASE PRINT

Early Registration - \$60.00 (\$70.00 after 10/3/08) Send me an event brochure & add to mailing list

Name:

Organization:

Address:

Phone: Email Address:

Mail form along with check or money order to: Mayra Spruill Clubhouse of Suffolk, 939 Johnson Avenue, Ronkonkoma, NY 11779

For more information please call Mayra Spruill @ 631-471-7242 x 1305 or email at mayra.spruill@clubhouseofsuffolk.org